

TWO DAYS OF FILIAL THERAPY TRAINING WITH RISË VANSFLEET

PhD, RPT-S™, CDBC, CAEBI

12 CONTACT HOURS (6 EACH DAY)

LEVEL: BEGINNER –ADVANCED

PRIMARY AREA: SEMINAL OR HISTORICALLY
SIGNIFICANT THEORIES | SKILLS & METHODS



ABOUT RISË VANSFLEET

PhD, RPT-S™, CDBC, CAEBI

Risë VanFleet, PhD, RPT-S, CDBC, CAEBI, LP is the President of the Family Enhancement & Play Therapy Center, Inc., in Boiling Springs, Pennsylvania, an organization specializing in the training and supervision of child, family, and play therapy professionals. She is the founder and president of the International Institute for Animal Assisted Play Therapy®. Dr. VanFleet is a Licensed Psychologist (PA), Registered Play Therapist-Supervisor, Certified Dog Behavior Consultant, and Certified Animal Ethology and Behavior Instructor with nearly 50 years of clinical, supervisory, administrative, and teaching experience. Her specialties include Animal Assisted Play Therapy®, Filial Therapy, play therapy, chronic medical illness in families, disaster mental health, complex trauma and attachment issues, as well as animal welfare and behavior. She has trained and supervised thousands of clinicians internationally. She is the award-winning author of 15 books and dozens of manuals and chapters, including classics about Filial Therapy.

TRAINING OVERVIEW

Filial Therapy, as originally developed, is an empowering, evidence-based family model in which parents become the change agents for their own children through the use of non-directive play sessions. Therapists train, supervise, and process these sessions with parents as they become proficient. Results are impressive and long-lasting as the family learns to change together. This workshop covers the theory, methods, clinical and cultural applications, and 60 years of research in a fun workshop environment including presentation, demonstration, compelling videos, and skill-building segments.

CAPT FALL CONFERENCE 2024

September 20th-21st

8:00am-4:30pm each day
Located at: Academy Hotel
8110 N. Academy Blvd
Colorado Springs, CO



LEARNING OBJECTIVES

1. Describe at least 3 advantages of Filial Therapy over individual play therapy.
2. Demonstrate the use of empathic listening to at least 75% of comments that parents make during the intake and training sessions of Filial Therapy.
3. Explain at least 3 reasons that can be given to parents as to why Filial Therapy can benefit their particular situation/problem area.
4. List all 5 components of the Filial Therapy parent-training approach.
5. Describe the "mock play session teaching method" used to teach parents the 4 Child-Centered Play Therapy skills (structuring, empathic listening, child-centered imaginary play, and limit-setting).
6. Describe at least 2 reasons it is important for parents to be involved in Filial Therapy and with their children's treatment from an attachment perspective, and that can be used for educating parents.
7. List 2 elements of effective skill feedback from therapist to parent.
8. Give an example of how a therapist in Filial Therapy helps parents understand play themes of their child.
9. Describe the research findings on the use of Filial Therapy with dysregulated children and dysregulated parents.
10. Describe all the components of the feedback process following a therapist observation of a parent-child play session.
11. Explain at least one reason Filial Therapy includes live observations of 4-6 parent-child play sessions.
12. State at least 4 common findings in the Filial Therapy outcome research.
13. Explain the usual process used in Filial Therapy to help parents discuss and process their own reactions to the sessions.
14. Describe at least one reason Filial Therapy can be considered an attachment therapy.

SCHEDULE

FRIDAY AND SATURDAY
8:00AM-8:30AM REGISTRATION
8:30AM-12:00PM KEYNOTE
12:00-1:30PM LUNCH ON YOUR OWN
1:30-4:30PM KEYNOTE

RATES

TWO DAY	Early Bird Before 8/31	Regular
Members	\$370	\$430
Non-Members	\$510	\$570
Student Members	\$220	\$280
Student Non-Members	\$300	\$360

Preferred Payment Method

Online credit card payment can be completed at coloradoapt.org

Registration is nonrefundable

LINK TO REGISTRATION

INCLUSION SCHOLARSHIP

Do you identify with a historically marginalized ethnic and/or racial background? We want to save a seat for you at the Fall 2024 conference! This scholarship will cover the registration cost for one day attendance at a CAPT sponsored conference. Applications are due by August 25, 2024

[Link to application](#)

Recipients will be contacted via email by August 29, 2024

This scholarship cycle will be for the Fall 2024 conference - but we'll be opening scholarships back up for each upcoming conference!



CAPT is a chartered branch of the Association for Play Therapy. The Colorado Association for Play Therapy is approved by the Association for Play Therapy to offer Continuing Education

Play therapy credit is only awarded to mental health professionals

To receive CE credit, attendees must complete CE materials, sign in/out daily, and complete an evaluation of sessions attended.



APT Approved Provider 99-049



Alternative Payment Method

APT Approved Provider 99-049

Mail in Payment will only be accepted via Check (make payable to CAPT). Send payment and completed registration form to:

**Colorado Association for Play Therapy
545 3rd Street #83
Monument, CO 80132**

- *Please mail check and registration by September 1st**
- *E-members are not eligible for member rates**
- *There are no refunds or credit given on any registration**
- *No credit card payments accepted onsite (cash or check only)**

Additional Information

If your agency is paying for your registration, please allow extra time for agency administration to process and mail your registration by the deadline. Please confirm with your office that your registration was sent to us.

No audio or videotaping is permitted.

Handicapped parking and access is available.

- *Must be a member before 8/31/24 to receive member rate**
- *APT offers an annual membership, renewable every 12 months, and honors a dual membership system, which ensures all individuals living within a chartered branch territory are members of both APT and their respective branches.**

**Join APT and the Colorado branch (CAPT) by going to
<http://www.a4pt.org/?page=Membership>**



Registration

Registrant Name

Degree/License/Student (indicate University/Program)

Address

City, State, Zip Code

Preferred Phone Number

Email Address (for confirmation)

☐ I attest that I am joining APT, and thereby joining CAPT before I register for the conference to take advantage of membership prices. I understand that it will take several days for my membership to be processed before I can register for the conference online.

Signature



If you have any questions or need further assistance, please contact us at coloradoapt@gmail.com